

Director of Public Health

1. Inaugural Nottingham City Relationship & Sex Education Day – Thursday 28th June

Nottingham City will be holding its first Relationship and Sex Education (RSE) Day at the end of June. The focus will be on sharing good practice and celebrating our work in Nottingham. RSE is vital to ensure every child is safeguarded, receiving the knowledge and skills they need to make informed healthy choices and how to seek help should they need it.

RSE Day is about everyone taking responsibility and recognising their role in providing effective relationships and sex education, whether that be directly, for example a teacher delivery a RSE lesson to pupils or indirectly through signposting parents/carers to resources that help them talk to their child.

How can you get involved?

I would encourage all Board Members to think about how they may be able to support RSE Day:

- Have a look at the ideas for action on the day which have been developed for inspiration: <http://www.nottinghamschools.org.uk/leadership-and-management-support/partnerships/nottingham-city-rse-day/>
- Support us to generate interest on social media on the day itself by using the hashtag #RSEday
- Pop into the foyer at Loxley House where there will be an RSE exhibition.

I, myself, am very much looking forward to visit some of Nottingham's schools to see the great work which takes place in action.

If you are planning something for RSE Day or if you need any support do please contact our RSE Consultant Catherine.kirk@nottinghamcity.gov.uk.

2. Public Health Forums

Nottingham City Council hosts monthly public health forums, lasting an hour and a half. Forums are used to disseminate information, raise awareness of a topic, provide training or as a means of consultation. Recent topics have included dementia, homelessness, LGBT health and social prescribing.

With the rapidly approaching deadline for new General Data Protection Regulations (GDPR) we require our current mailing list of 2000 to let us know they still want to receive information about future public health forums. Public health forums provide a valuable opportunity for learning, skills and knowledge sharing and networking which can lead to improved joint working. Please do encourage your colleagues to opt-in and let us know they want to continue to receive this information.

If you would like to join the mailing list or check whether you are already on there please email healthandwellbeing@nottinghamcity.gov.uk.

3. Joint Strategic Needs Assessment (JSNA) update

Since the Board received the Joint Strategic Needs Assessment Annual Report in September, I am pleased to say that progress has been made to refine and develop the JSNA chapter production process. The JSNA Steering Group met in December 2017 and approved revised terms of reference. Membership comprises officers from the CCG, Healthwatch, NCVS, Nottingham Counselling Centre, alongside the lead Consultant in Public Health, Insight Specialists and Commissioning leads from within the local authority.

The group also approved a streamlined chapter production process in response to feedback from chapter authors and users. This has seen new guidelines for chapter length to be 10-15 pages, with the use of hyperlinks for further information. Moreover the recommendations place an onus on chapter owning groups and stakeholders to support authors to gather information and respond to requests for comments on drafts in a timely manner. There is also an escalation process where authors require support in overcoming barriers to progress.

Recently published chapters which have followed this new format include:

- [Life Expectancy and Healthy Life Expectancy](#)
- [Evidence Summary](#)
- [Dementia](#)
- [Suicide](#)

Initial feedback from partners has been very positive. Quarterly Board papers include the front ends of recently published JSNA chapters. This includes the Executive Summary, Unmet Needs and Gaps, and Recommendations for Consideration by Commissioners. Full chapters are published on the Nottingham Insight website, under the Health and Wellbeing tab.

At the last JSNA Steering Group in April this year, the 2018/19 JSNA Chapter Prioritisation was considered to determine the work plan for this financial year.

The prioritisation matrix was applied for chapters which are updated annually, those generally updated every three years and newly requested chapters.

Organisational restructure and changes to commissioned services affecting the CCG, City Council and commissioned organisations, alongside the wider move to an STP footprint has created a complex landscape. In light of this state of flux, the JSNA Steering Group agreed to adopt a pragmatic approach, including an informal second stage prioritisation process. Views from key stakeholders including CCG and city council commissioners were incorporated, including reviewing capacity and links to commissioning reviews and future procurement criteria. Final results will be agreed shortly.

4. Supporting employees with long term conditions, disabilities and mental health problems

Happier Healthier Lives includes a commitment to working with employers and people with mental and physical health problems to support them to access and remain in employment.

MP Alex Norris will be hosting an event for employers at **Bulwell Riverside on Friday 29 June 2018.**

Employers will share best practice around supporting employees with long term conditions, disabilities and mental health problems. They will learn of the benefits of being an employer who believes in supporting employee health and wellbeing and how to access support with this, including

how to sign up to Disability Confident, Time to Change and other support. Nottingham Jobs will be supporting the event.

Keep an eye out for more information in the coming weeks!

5. Clean Air Day – Thursday 21st June

Building on the success of last year, Nottingham City Council will again be supporting and promoting Clean Air Day on Thursday 21st June. The aim of the day is to raise awareness of air pollution and the things we can all do to reduce it and our exposure to it.

The City Council will be encouraging community groups, partner organisations, its own staff and citizens to make a difference. Social media will be utilised to enable citizens and groups to make pledges and celebrate their action on the day (and beyond) to reduce air pollution.